



Happiness is an inside job!





Kim Page

Holistic Life Coach

Certified Yoga Instructor

Ayurvedic Health Counselor

949.300.2409

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Private Session (1:1 instruction)

Includes customized yoga/meditation practice and ayurvedic counseling

- 🌀 \$65/session (20 session pkg.)
- 🌀 \$75/session (10 session pkg.)
- 🌀 \$85/single session

Semi-Private Sessions (2:1 Instruction)

Includes customized yoga/meditation practice and ayurvedic counseling

- 🌀 \$45/session (20 session pkg.) per person
- 🌀 \$55/session (10 session pkg.) per person
- 🌀 \$65/single session/per person

Small Group Sessions [4-6] (yoga only)

- 🌀 \$65/single session

Ayurvedic Counseling (weekly)

- 🌀 Basic Package - \$660/3 months

Holistic Life Coaching (weekly)

- 🌀 Basic 6 month Package - \$497/month

*Sessions are 60-90 minutes